

# CyberBreak

March 14, 2008



## CALLING ALL COMMENTS!

Want a casual Friday dress code? What about that drink you love that's no longer in the vending machines? Don't fret young Padawan, make your ideas known... anonymously!

**WANTED:** Suggestions or solutions on current procedures and practices  
New ideas or comments to improve services

**CONTACT:** [breakthrough@swlaw.edu](mailto:breakthrough@swlaw.edu)  
Staff Suggestion Box, Security Desk, Westmoreland  
(by the *L.A. Weekly* and other publications)

Thursday, March 20<sup>th</sup> is the beginning of...

## Spring!

What do you think of the time change? Do you like leaving with the sun still out? Share your thoughts with [Johanna](#) and you may be published in the next CyberBreak! ☺

Don't get pinched!  
Monday, March 17<sup>th</sup> is

St. Patrick's Day!

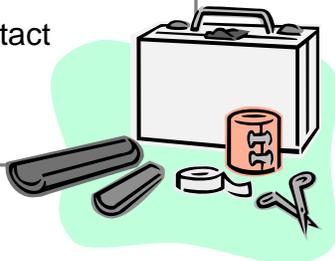


## First Aid & CPR Training

First Aid & CPR Training will be held on **Wednesday, March 26<sup>th</sup>** for staff who are not certified or need to renew their certification.

A reminder email will be sent to the staff attending the workshop soon.

For more information contact Rosalyn at [rescobar@swlaw.edu](mailto:rescobar@swlaw.edu).



**CYBERBREAK**

Enjoying CyberBreak? Suggest a person or theme for next week's quote or send ideas, comments, or your thoughts to Johanna at [jgan@swlaw.edu](mailto:jgan@swlaw.edu).



# Who said it?

**“Self-disciplined begins with the mastery of your thoughts. If you don't control what you think, you can't control what you do. Simply, self-discipline enables you to think first and act afterward.”**

- a) Oprah Winfrey
- b) Napoleon Hill
- c) George Orwell
- d) Winston Churchill

Last Week's Answer:  
*Aung San Suu Kyi*

**Aung San Suu Kyi**  
(born 1945)

An advocate of nonviolence and democracy, Aung San Suu Kyi is the only Nobel Peace Prize winner who is imprisoned. She is the leader of the National League for Democracy in Burma and was elected Prime Minister in a general election in 1990. The military junta refused to hand over the power and placed her under house arrest to this day. [WikiSource](#)

Learn more: [US Campaign for Burma Website](#)

