

CYBERBREAK

February 15, 2008



STAFF REMINDER:

HOORAY! Monday, February 18th is a staff holiday.
Enjoy the long weekend and see you on Tuesday, the 19th!



Got Suggestions?

We're always looking for suggestions and ideas to help improve our services.

If you have any suggestions,
feel free to email

breakthrough@swlaw.edu

or if you wish to leave an anonymous tip,
the **Staff Suggestion Box** is located
by the Westmoreland Security Desk.



Save the dates!

This is a reminder to all
Staff and Faculty that the
ABA Site Inspection is
scheduled for:

March 2-5, 2008

Add Humor to Your Life

Sometimes all you need is a little laughter to get you through your day. Here are some ways to liven up your life with humor:

- 1) **Read** comics - if someone makes fun of you, you can always say, "Hey, it's still reading!"
- 2) **Rent** a comedy or funny movie.
- 3) **Watch** cartoons – they're quite witty and some are made for adults, like Adult Swim! ([link](#))
- 4) **Make** up a silly theme song about your day.

For this and more healthy living tips, check out the brochure display at the entrance of Administrative Services.

Enjoying CyberBreak?

Who do you want to see quoted?
Share your thoughts and ideas with
Johanna at joan@swlaw.edu.



WHO SAID IT?

“If you always put limit on everything you do, physical or anything else. *[sic]* It will spread into your work and into your life. There are no limits. There are only plateaus, and you must not stay there, you must go beyond them.”

- a) Christopher Reeves
- b) Angelina Jolie
- c) Bruce Lee
- d) Les Brown

Last Week's Answer:
Calvin and Hobbes, Bill Watterson

Calvin and Hobbes
By Bill Watterson
(1947-2006)

The first *Calvin and Hobbes* strip was published on November 18, 1985, and within a year the strip could be viewed in 250 newspapers. The notorious pair is named after John Calvin, the 16th C. Reformation theologian, and Thomas Hobbes, a 17th C. political philosopher. The last *Calvin and Hobbes* strip appeared in December 31, 1995. [Wiki Source](#)

