CyberBreak

December 8, 2006

Coming up next week:

CPR & First Aid training

- Wednesday, December 13, 2006
- 10:30 AM - 2:30 PM
- Location: TBD
- Lunch will be provided.

To RSVP, email Marcie Canal at mcanal@swlaw.edu by Monday, December 11, 2006.

How to Build Powerful PowerPoint Presentations

- Friday, December 15, 2006
- 12:30 PM – 4 PM
- Library Computer Lab – 1st Floor
- Lunch will be provided at 12 PM in BW 370 for those attending.

To RSVP, email Marcie Canal at mcanal@swlaw.edu by Wednesday, December 13, 2006.

Save the Date:

The Staff Holiday Party will be held on Thursday, December 21st at 12:30 pm.

Holiday Safety Tips

During the holiday season, you may have a larger than usual "to do" list and not enough time to get things done. It is important to plan ahead and not to forget that criminals do not take a vacation so you should be aware of your surroundings at all times. Do not get distracted and become an easy target. Below are some tips to help you stay safe.

- Walk purposefully and with confidence. Give the appearance that you are totally aware of your surroundings.
- Be aware of your total environment and what is going on around you. Criminals tend to avoid people who have this type of demeanor.
- Perform mental exercises and think out what you would do in different crime or personal security situations.
- Follow your instincts. If you feel you are in danger, respond immediately. Remember that your personal safety is the first priority.

FEEDBACK: Have ideas, suggestions, comments or contributions for future editions of CyberBreak? Please email them to Marcie Canal at mcanal@swlaw.edu.